

## Retirement Resource Sheet

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Books I recommend as retirement-specific, or generally applicable to retirement, resources:

Title; Author; Pub Date	My Comment	Example Quote from the Book
<b>The Gift of Years:</b> Growing Older Gracefully; Joan Chittister; 2008	Truly refreshing positive perspective on aging.	... it can take a while before we begin to realize that retirement really plunges us into joy.
<b>Half Time:</b> Changing Your Game Plan from Success to Significance; Bob Buford; 1994	Valuable insights into how to think about this time of life and how to explore options.	Your second-half self is your genuine self, so be honest enough to discover it.
<b>Super-Charged Retirement:</b> Ditch the Rocking Chair, Trash the Remote, and Do What You Love; Mary Lloyd; 2009	Goofy name but very helpful book that provides several useful exercises for self-assessment.	This is the time to create beautiful lives. Meaningful lives in terms of our own uniqueness. Lives that give those still trudging along in standard career mode inspiration ...
<b>Rapt:</b> Attention and the Focused Life; Winifred Gallagher; 2009	Beautifully-written book about how what we pay attention to can affect us in so many ways.	Deciding what to pay attention to for this hour, day, week, or year, much less a lifetime, is a peculiarly human predicament, and your quality of life largely depends on how you handle it.
<b>Living a Life That Matters;</b> Harold S. Kushner; 2001	Good insights on knowing how to 'matter'.	... the most reliable way to matter to the world is to love the people closest to us ...
<b>Claiming Your Place at the Fire;</b> Richard J. Leider & David A. Shapiro; 2004	Reconnect with one's stories and key past decisions; choose to lead.	Calling not only precedes career but outlasts it as well ...
<b>How to Love Your Retirement;</b> 2 <sup>nd</sup> ed; Barbara Waxman, ed.	Weaves together insights from numerous retirees.	... and not to bother getting all those photos into albums, because we'll be way too busy to finish that job.

General education opportunities links:

- **TED Talks.** Individual online short videos on a wide variety of topics; free [www.ted.com/](http://www.ted.com/) "TED is a nonprofit devoted to Ideas Worth Spreading."
- **The Great Courses.** 300+ college courses on DVD; I own many. [www.thegreatcourses.com/](http://www.thegreatcourses.com/) "To ignite the passion for lifelong learning by offering great courses taught by great professors."
- **Rochester Senior Center.** In-person classes, activities; small fees [www.rochesterseniorcenter.org/](http://www.rochesterseniorcenter.org/) "Mission: To enrich the lives of older adults"
- **LIFE classes.** Learning Is ForEver in-person classes; small fees [www.rctc.edu/community/seniors/life/index2.html](http://www.rctc.edu/community/seniors/life/index2.html) "provide humanities-based educational programs that are stimulating and encourage social and personal growth opportunities for older adults."
- **Free online university courses, complete with homework :-)**  
[www.coursera.org/](http://www.coursera.org/) "We are a social entrepreneurship company that partners with the top universities in the world to offer courses online for anyone to take, for free."  
[www.edx.org/](http://www.edx.org/) Non-profit enterprise of founding partners Harvard University and the Massachusetts Institute of Technology "... that features learning designed specifically for interactive study via the web."  
[www.udacity.com/](http://www.udacity.com/) "Our mission is to bring accessible, affordable, engaging, and highly effective higher education to the world."
- **Highly reduced college tuition costs (for example at RCTC) starting at age 62**  
[www.rctc.edu/webportal/Tuition-SeniorCitizen.html](http://www.rctc.edu/webportal/Tuition-SeniorCitizen.html)

Financial education links:

- **The Motley Fool** <http://www.fool.com/>  
Extremely helpful financial education information is available from this organization, through both free and for-charge services. I've learned much from the Rule Your Retirement service.  
"Our Purpose: To Help The World Invest. Better." ... "The company's name was taken from Shakespeare, whose wise fools both instructed and amused, and could speak the truth to the king -- without getting their heads lopped off."
- **The Association of Individual Investors** [www.aaii.com/](http://www.aaii.com/)  
Another helpful source of financial education information, both free and for-charge.  
"Unbiased Investment Education for Individual Investors like you."
- **Yahoo Finance "Your Money 101"** [finance.yahoo.com/personal-finance/your-money-101/](http://finance.yahoo.com/personal-finance/your-money-101/)  
Short education series on spending, credit, retirement and insurance; free.  
Yahoo finance main page also generally has interesting articles on an ongoing basis.
- **Monte Carlo simulations** help evaluate savings, since investment returns constantly change.  
Offered by a number of places if you have investments with them or by services you pay for, such as Fidelity or Motley Fool's Rule Your Retirement, but also some available for free use, such as [www.firecalc.com/](http://www.firecalc.com/)  
[www.flexiblretirementplanner.com/wp/](http://www.flexiblretirementplanner.com/wp/) or [www.tdameritrade.com/landing-pages/client/wealthruler/wealthruler.html](http://www.tdameritrade.com/landing-pages/client/wealthruler/wealthruler.html)

A few volunteer contacts:

- **United Way:** 507-529-4831 or [www.uwolmsted.org](http://www.uwolmsted.org)
- **Rochester Public Library:** 507-328-2341 or [www.rochesterpubliclibrary.org](http://www.rochesterpubliclibrary.org)
- **Channel One:** Groups, families or individuals: [www.channel-one.org/volunteer/](http://www.channel-one.org/volunteer/)
- **Reading tutor** with individual elementary school children: 507-328-4356
- **Rochester Newspapers for Visually Impaired:** 507-285-7315

Not specific to retirement, but books about faith & Bible study I recommend:

Title; Author; Pub Date	My Comment	Example Quote from the Book
<b>Making Sense of Scripture: Big Questions About the Book of Faith;</b> David J. Lose; 2009	Extremely helpful perspectives on Biblical interpretation.	... meaning is more than what someone once thought. It's what the passage makes me think about today. ... Meaning arises from the interaction of a book and its reader ...
<b>Making Sense of the Christian Faith;</b> David J Lose; 2010	These two books by Dr. Lose really explained things in ways that made sense to me. I wish everyone would read them, with an open mind.	... we might be called to do extraordinary things. But I think it starts by recognizing that God is there, in the ordinary, calling us to be faithful where we are, calling us to care for the world and the people God loves so much right around us.
<b>The Gospel of Grace;</b> Dr. Mark Wickstrom; 2008	Exceptional view of how to interpret the Bible and great perspective on how to relate with people who earnestly interpret the Bible differently.	Why does the body of Christ on earth continually divide? I think it is because followers of Jesus have a difficult time accepting that one Spirit can lead different people to different conclusions on any given text or topic.
<b>Seeing Gray in a World of Black and White: Thoughts on Religion, Morality, and Politics;</b> Adam Hamilton; 2009	Terrific insights into interacting with people who interpret things differently. Also personally challenging.	There are a lot of things I seek to avoid in life not because participating in them would harm anyone else, but because I don't believe they would honor and please God.